



# The Leaguers, Inc.

## Infants 0-5 Months Breakfast/Lunch/Snack

MONTH	MARCH
YEAR	2019
1ST DAY OF WEEK	SUNDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
					4-6 fl. oz. of Enfamil and/or Breastmilk	
3	4	5	6	7	8	9
	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	
10	11	12	13	14	15	16
	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	
17	18	19	20	21	22	23
	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	
24	25	26	27	28	29	30
	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	4-6 fl. oz. of Enfamil and/or Breastmilk	
31	1					

**According to the CACFP, Infants 0-5 Months will receive 4-6 fl. oz. of formula or breastmilk at breakfast, lunch, and snack.**



# The Leaguers, Inc.

6 Months- 12 Months

## Breakfast

MONTH	MARCH
YEAR	2019
1ST DAY OF WEEK	SUNDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
					Enfamil or Breastmilk Rice Cereal Apples	
3	4	5	6	7	8	9
	Enfamil or Breastmilk Oatmeal Cereal Pears	Enfamil or Breastmilk Oatmeal Cereal Pears	Enfamil or Breastmilk Rice Cereal Peaches	Enfamil or Breastmilk Oatmeal Cereal Apples	Enfamil or Breastmilk Rice Cereal Bananas	
10	11	12	13	14	15	16
	Enfamil or Breastmilk Oatmeal Cereal Peaches	Enfamil or Breastmilk Rice Cereal Apples	Enfamil or Breastmilk Oatmeal Cereal Bananas	Enfamil or Breastmilk Rice Cereal Pears	Enfamil or Breastmilk Oatmeal Cereal Peaches	
17	18	19	20	21	22	23
	Enfamil or Breastmilk Rice Cereal Apples	Enfamil or Breastmilk Oatmeal Cereal Bananas	Enfamil or Breastmilk Rice Cereal Apples	Enfamil or Breastmilk Oatmeal Cereal Pears	Enfamil or Breastmilk Rice Cereal Peaches	
24	25	26	27	28	29	30
	Enfamil or Breastmilk Oatmeal Cereal Bananas	Enfamil or Breastmilk Rice Cereal Apples	Enfamil or Breastmilk Oatmeal Cereal Peaches	Enfamil or Breastmilk Rice Cereal Pears	Enfamil or Breastmilk Oatmeal Cereal Bananas	
31	1					

Breakfast	
Food Component	Infants 6-11 Months
Formula/Breastmilk	6-8 fl. oz.
Infant Cereal	0-4 Tbsp.
Vegetables/Fruits	0-2 Tbsp.



# The Leaguers, Inc.

6 Months- 12 Months  
Lunch

MONTH	MARCH
YEAR	2019
1ST DAY OF WEEK	SUNDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
					Enfamil or Breastmilk Carrots Chicken w/ Gravy	
3	4	5	6	7	8	9
	Enfamil or Breastmilk Mixed Vegetables Turkey w/ Gravy	Enfamil or Breastmilk Sweet Potatoes Beef w/ Gravy	Enfamil or Breastmilk Carrots Chicken w/ Gravy	Enfamil or Breastmilk Butternut Squash Turkey w/ Gravy	Enfamil or Breastmilk Mixed Vegetables Beef w/ Gravy	
10	11	12	13	14	15	16
	Enfamil or Breastmilk Butternut Squash Chicken w/ Gravy	Enfamil or Breastmilk Sweet Potatoes Turkey w/ Gravy	Enfamil or Breastmilk Carrots Beef w/ Gravy	Enfamil or Breastmilk Butternut Squash Chicken w/ Gravy	Enfamil or Breastmilk Mixed Vegetables Turkey w/ Gravy	
17	18	19	20	21	22	23
	Enfamil or Breastmilk Sweet Potatoes Beef w/ Gravy	Enfamil or Breastmilk Sweet Potatoes Chicken w/ Gravy	Enfamil or Breastmilk Carrots Turkey w/ Gravy	Enfamil or Breastmilk Butternut Squash Beef w/ Gravy	Enfamil or Breastmilk Mixed Vegetables Chicken w/ Gravy	
24	25	26	27	28	29	30
	Enfamil or Breastmilk Green Peas Turkey w/ Gravy	Enfamil or Breastmilk Sweet Potatoes Beef w/ Gravy	Enfamil or Breastmilk Mixed Vegetables Chicken w/ Gravy	Enfamil or Breastmilk Butternut Squash Turkey w/ Gravy	Enfamil or Breastmilk Mixed Vegetables Beef w/ Gravy	
31	1					

Lunch	
Food Component	Infants 6-11 Months
Formula/Breastmilk	6-8 fl. oz.
Infant Cereal	0-4 Tbsp.
Vegetables/Fruits	0-2 Tbsp.



# The Leaguers, Inc.

## 6 Months- 12 Months Snack

MONTH	MARCH
YEAR	2019
1ST DAY OF WEEK	SUNDAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
					Enfamil or Breastmilk Rice Cereal Apples & Cherries	
3	4	5	6	7	8	9
	Enfamil or Breastmilk Oatmeal Cereal Mangoes	Enfamil or Breastmilk Rice Cereal Apples & Blueberries	Enfamil or Breastmilk Oatmeal Cereal Mangoes	Enfamil or Breastmilk Rice Cereal Banana & Mixed Berries	Enfamil or Breastmilk Oatmeal Cereal Apples & Cherries	
10	11	12	13	14	15	16
	Enfamil or Breastmilk Rice Cereal Apples & Blueberries	Enfamil or Breastmilk Oatmeal Cereal Bananas & Mixed Berries	Enfamil or Breastmilk Rice Cereal Apples & Cherries	Enfamil or Breastmilk Oatmeal Cereal Mangoes	Enfamil or Breastmilk Rice Cereal Apples & Blueberries	
17	18	19	20	21	22	23
	Enfamil or Breastmilk Rice Cereal Mangoes	Enfamil or Breastmilk Oatmeal Cereal Bananas & Mixed Berries	Enfamil or Breastmilk Rice Cereal Apples & Cherries	Enfamil or Breastmilk Oatmeal Cereal Mangoes	Enfamil or Breastmilk Rice Cereal Banana & Mixed Berries	
24	25	26	27	28	29	30
	Enfamil or Breastmilk Oatmeal Cereal Apples & Cherries	Enfamil or Breastmilk Rice Cereal Mangoes	Enfamil or Breastmilk Oatmeal Cereal Apples & Blueberries	Enfamil or Breastmilk Rice Cereal Banana & Mixed Berries	Enfamil or Breastmilk Oatmeal Cereal Apples & Cherries	

The Vendor is to accommodate children with food allergies and provide alternate meal for example; wheat, beef, dairy, fruits, vegetables, etc.

Snack	
Food Component	Infants 6-11 Months
Formula/Breastmilk	2-4 fl. oz.
Infant Cereal/Grains	0-4 Tbsp.; ½ slice; 0-2 crackers
Vegetables/Fruits	0-2 Tbsp.