

April

The Leaguers Inc. Head Start & Early Head Start 2022

Infant Menu: Birth – 5 months

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Enfamil Original and/or Breast Milk- 4-6 oz.	2
3	4 Enfamil Original and/or Breast Milk- 4-6 oz.	5 Enfamil Original and/or Breast Milk- 4-6 oz.	6 Enfamil Original and/or Breast Milk- 4-6 oz.	7 Enfamil Original and/or Breast Milk- 4-6 oz.	8 Enfamil Original and/or Breast Milk- 4-6 oz.	9
10	11 Enfamil Original and/or Breast Milk- 4-6 oz.	12 Enfamil Original and/or Breast Milk- 4-6 oz.	13 Enfamil Original and/or Breast Milk- 4-6 oz.	14 Enfamil Original and/or Breast Milk- 4-6 oz.	15 SCHOOL CLOSED Good Friday	16
17	18 SCHOOL CLOSED Spring Recess	19 SCHOOL CLOSED Spring Recess	20 SCHOOL CLOSED Spring Recess	21 SCHOOL CLOSED Spring Recess	22 SCHOOL CLOSED Spring Recess	23
24	25 Enfamil Original and/or Breast Milk- 4-6 oz.	26 Enfamil Original and/or Breast Milk- 4-6 oz.	27 Enfamil Original and/or Breast Milk- 4-6 oz.	28 Enfamil Original and/or Breast Milk- 4-6 oz.	29 Enfamil Original and/or Breast Milk- 4-6 oz.	30
According to the CACFP, all infants birth to 5 months will receive 4-6 fl. oz. of formula and/or breastmilk for breakfast, lunch, &						

Ortho Vabes

2022

April

The Leaguers Inc. Head Start & Early Head Start 2022

Breakfast Infant Menu: 6 Months – 12 Months

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Enfamil or Breastmilk Rice Cereal Bananas	2
3	4 Enfamil or Breastmilk Oatmeal Cereal Pears	5 Enfamil or Breastmilk Rice Cereal Apples	6 Enfamil or Breastmilk Oatmeal Cereal Peaches	7 Enfamil or Breastmilk Rice Cereal Bananas	8 Enfamil or Breastmilk Oatmeal Cereal Pears	9
10	11 Enfamil or Breastmilk Rice Cereal Apples	12 Enfamil or Breastmilk Oatmeal Cereal Peaches	13 Enfamil or Breastmilk Rice Cereal Bananas	14 Enfamil or Breastmilk Oatmeal Cereal Pears	15 SCHOOL CLOSED Good Friday	16
17	18 SCHOOL CLOSED Spring Recess	19 SCHOOL CLOSED Spring Recess	20 SCHOOL CLOSED Spring Recess	21 SCHOOL CLOSED Spring Recess	22 SCHOOL CLOSED Spring Recess	23
24	25 Enfamil or Breastmilk Rice Cereal Bananas	26 Enfamil or Breastmilk Oatmeal Cereal Pears	27 Enfamil or Breastmilk Rice Cereal Apples	28 Enfamil or Breastmilk Oatmeal Cereal Peaches	29 Enfamil or Breastmilk Rice Cereal Bananas	30
						Formula and/or Breastmilk = 6 – 8 fl. oz. Infant Cereal = 0 – 4 Tbsp. Vegetables and/or Fruit = 0 – 2 Tbsp.

Certh Naby

27

April

The Leaguers Inc. Head Start & Early Head Start 2022

Lunch Infant Menu: 6 Months – 12 Months

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Enfamil or Breastmilk Carrots Chicken w/ Gravy	2
3	4 Enfamil or Breastmilk Butternut Squash Turkey w/ Gravy	5 Enfamil or Breastmilk Peas Beef w/ Gravy	6 Enfamil or Breastmilk Sweet Potato Chicken w/ Gravy	7 Enfamil or Breastmilk Green Beans Turkey w/ Gravy	8 Enfamil or Breastmilk Carrots Beef w/ Gravy	9
10	11 Enfamil or Breastmilk Butternut Squash Chicken w/ Gravy	12 Enfamil or Breastmilk Peas Turkey w/ Gravy	13 Enfamil or Breastmilk Sweet Potato Beef w/ Gravy	14 Enfamil or Breastmilk Green Beans Chicken w/ Gravy	15 SCHOOL CLOSED Good Friday	16
17	18 SCHOOL CLOSED Spring Recess	19 SCHOOL CLOSED Spring Recess	20 SCHOOL CLOSED Spring Recess	21 SCHOOL CLOSED Spring Recess	22 SCHOOL CLOSED Spring Recess	23
24	25 Enfamil or Breastmilk Butternut Squash Turkey w/ Gravy	26 Enfamil or Breastmilk Peas Beef w/ Gravy	27 Enfamil or Breastmilk Sweet Potato Chicken w/ Gravy	28 Enfamil or Breastmilk Green Beans Turkey w/ Gravy	29 Enfamil or Breastmilk Carrots Beef w/ Gravy	30
						Formula and/or Breastmilk = 6 – 8 fl. oz. Meat/Meat Alternative = 0 – 4 Tbsp. Vegetables and/or Fruit = 0 – 2 Tbsp.

Christa Mackey

ds

April

The Leaguers Inc. Head Start & Early Head Start

2022

Snack Infant Menu: 6 Months – 12 Months

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Enfamil or Breastmilk Rice Cereal Apples & Cherries	2
3	4 Enfamil or Breastmilk Oatmeal Cereal Apples & Blueberries	5 Enfamil or Breastmilk Rice Cereal Bananas & Mixed Berries	6 Enfamil or Breastmilk Oatmeal Cereal Mango	7 Enfamil or Breastmilk Rice Cereal Apples & Cherries	8 Enfamil or Breastmilk Oatmeal Cereal Apples & Blueberries	9
10	11 Enfamil or Breastmilk Rice Cereal Bananas & Mixed Berries	12 Enfamil or Breastmilk Oatmeal Cereal Mango	13 Enfamil or Breastmilk Rice Cereal Apples & Cherries	14 Early Dismissal No Snack	15 SCHOOL CLOSED Good Friday	16
17	18 SCHOOL CLOSED Spring Recess	19 SCHOOL CLOSED Spring Recess	20 SCHOOL CLOSED Spring Recess	21 SCHOOL CLOSED Spring Recess	22 SCHOOL CLOSED Spring Recess	23
24	25 Enfamil or Breastmilk Rice Cereal Apples & Cherries	26 Enfamil or Breastmilk Oatmeal Cereal Apples & Blueberries	27 Enfamil or Breastmilk Rice Cereal Bananas & Mixed Berries	28 Enfamil or Breastmilk Oatmeal Cereal Mango	29 Enfamil or Breastmilk Rice Cereal Apples & Cherries	30
						Formula and/or Breastmilk = 6 – 8 fl. oz. Infant Cereal = 0 – 4 Tbsp. Vegetables and/or Fruit = 0 – 2 Tbsp.

Arthur Naby

2022